

400 SKY RD. INDIAN SPRINGS. NV 89108 | SUMMER PHONE # (702) 879-3023 | OFFSEASON PHONE #702-455-1708 AQUATICSPRINGS@CLARKCOUNTYNV.GOV | PROGRAM SUPERVISOR: JAMIE HOMM

DAILY ADMIS	<u>SSION FEES</u>			
Youth (3-17 yrs) \$1 Adult (18-54 yrs) \$2				
Senior (55+ yr	s) \$1			
<u>open sw</u>	IM HOURS			
Monday – Thursday	12:00 pm – 4:00 pm			
Saturday – Sunday	12:00 pm – 6:00 pm			
Friday	Closed			
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Open swim hours effective May 25th-August 11th

*Please note that pool hours/days of operation are subject to change/closure for inclement weather, special events and unforeseeable events.

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Class

SWIM PASSES

Season Passes can be purchased at any				
Clark County Community Center or Aquatic Center				
Neighborhood Family Pass:				
Up to 4	family	onal family		
members i	residing in	member (must reside in		
same house	ehold = \$50 same house		(hold) = \$10	
Neighborhood Individual Pass:				
Youth	Adult		Senior	
(3—17	(18—54 yrs)		(55 + yrs)	
yrs) \$20	\$30		\$20	

*Neighborhood Pool Passes

are only good at Neighborhood Pool

FREE SUMMER SWIM PASSES

The Department of Parks & Recreation is offering a free open swim program to qualified children and older students (with verification of high school enrollment) and their accompanying parent/guardian at all 12 seasonal outdoor aquatic facilities during the 2024 summer season. Children under 8 years old must have a parent/guardian to enter the facility. Application forms and more information are available at the recreation center and pool.

AP SWIM HOURS

Tuesday / Thursday	8:00 am- 10:00 am			
Lap swim hours effective				

*Lap swim hours will have lanes in the pool dedicated to

swimming laps.

Summer Session 5

Dates:	huly	8 -	huly	26
Dates.	July	0 -	July	20

	5		Dates: July 8 - July 26	
1. Water Introduction *participants MUST have an adult in the water with them.* *One adult for EACH child.* Registration is required	Tu/Th	FREE	10:15 am – 10:45 am	554100-00
2. Water Independence Ages 3-12 Registration is required Space is limited	Tu/Th	FREE	11:15 am - 11:45 am	554101-00
3. Stroke Introduction	Tu/Th	\$30	11:00 am - 11:45 am	554102-00
4. Stroke Progression	Tu/Th	\$30	10:15 am – 11:00 am	554103-00
5. Advanced Stroke Development	M/W	\$30	11:00 am – 11:45 am	554104-00

Registration for Session 5 begins June 27th at 7:00 AM. Visit us online at

www.ClarkCountyNV.gov/ParksRegistration. You can also call our main office at 702-455-1708 for support.

Youth Swimming Lessons

Water Introduction

6 mo. – 5 yrs. old

3 Week Session / 30 Min.

Participant Ratio: 1 instructor to 10 parent/guardian & student pairs

An adult MUST be in the water at all times during classes.

Pool Location: Main Pool in shallow end (0 to 4 feet)

Class Goals: To build swimming readiness by emphasizing fun in the water. Adults & children participate in guided classes together. Skills Included: Safe water entry & exit, blowing bubbles, front & back floats, kicking on front & back, freestyle arm movement, underwater exploration, and basic water safety skills.

Exit Skills Required: 1) Separate from a parent/guardian while taking part in group activities. 2) Listen & take direction in a group setting. **Children who require diapers must wear a swim diaper under their swimsuit**

Water Independence

Participant Ratio: 1 instructor to 6 participants

Pool Location: Main Pool in shallow end (0 to 4 feet)

Required Skills to Enter: 1) Separate from a parent/guardian while taking part in group activities. 2) Listen & take direction in a group setting.

Class Goals: To build basic water competency with minimal support.

Skills Included: Safe water entry & exit, blowing bubbles, bobs, relaxed submersion, rolling from front to back floats, streamlines on front & back, flutter kicks on front & back, proper kickboard use, basic freestyle, finning on back, jumping into water with submersion, and basic water safety skills.

Exit Skills Required: 1) Jump into water, completely submerge head, resurface, and exit the pool using ladder or stairs. 2) Start 10 ft. away from wall or stairs: front float for 5 seconds, roll over to a back float for 5 seconds, then swim back to start with minimal support.

Stroke Introduction

Participant Ratio: 1 instructor to 6 students

Pool Location: Family Main Pool in deep end (4 to 9 feet)

Required Skills to Enter: 1) Jump into water, completely submerge head, resurface, and exit the pool using ladder or stairs. 2) Start 10 ft. away from wall or stairs: front float for 5 seconds, roll over to a back float for 5 seconds, then swim back to start with minimal support. Class Goals: To refine freestyle, introduce backstroke, swim without any support, and build confidence entering the lap pool. Skills Included: Independent air recovery, rolling to back as air recovery for freestyle, longer distances for freestyle, basic backstroke, changing direction while swimming, feet-first deep water entries, introduction to treading, and basic water safety skills. Exit Skills Required: 1) Jump into lap pool and return to the wall. 2) Swim approx. 12 yards of freestyle independently. 2) Swim approx. 12 vards of backstroke independently.

Stroke Progression

Participant Ratio: 1 instructor to 8 students

Pool Location: Main Pool in deep end (7 to 9 feet)

Required Skills to Enter: 1) Jump into lap pool and return to the wall. 2) Swim approx. 12 yards of freestyle independently 2) Swim approx. 12 yards of backstroke independently.

Class Goals: To refine basic swimming strokes to achieve proficiency (freestyle & backstroke), review treading, and to introduce elementary backstroke and breaststroke.

Skills Included: Side breathing for freestyle to improve proficiency & endurance, refined backstroke, elementary backstroke, breaststroke, basic treading, and basic water safety skills.

Exit Skills Required: 1) Jump into lap pool, fully submerge, swim 12 yards of backstroke, turn around and swim freestyle with effective side breathing, then exit the pool. 2) Swim 12 yards of elementary backstroke. 3) Tread for 15 seconds with head above the water.

Advanced Stroke Development 3 – 12 yrs. Old 3 Week Session / 45 Min.

Participant Ratio: 1 instructor to 10 students

Pool Location: Main Pool in deep end (7 to 9 feet)

Required Skills to Enter: 1) Jump into lap pool, fully submerge, swim 12 yards of backstroke, turn around and swim freestyle with effective side breathing, then exit the pool. 2) Swim 12 yards of elementary backstroke 3) Tread for 15 seconds with head above the water. Class Goals: To refine all basic swimming stokes and treading to proficiency, and to introduce sidestroke, butterfly, sitting and kneeling dives.

Skills Included: Refined elementary backstroke & breaststroke, introduce side-stroke, proficient treading with sculling and eggbeater kick, butterfly, sitting & kneeling dives, and basic water safety skills.

Exit Skills Required: 1) Tread for 1 minute, 2) 5 strokes of butterfly, 3) 25 yards of breaststroke, 4) 25 yards of freestyle w/ effective side breathing, 5) 25 yards of backstroke, 6) 25 yards of elementary backstroke.

3 – 12 yrs. Old 3 Week Session / 45 Min.

3 – 12 yrs. Old 3 Week Session / 45 Min.

3 – 12 yrs. Old 3 Week Session / 30 Min.





13 & Older

3 week session / 60 min

Registration Required

Jump right into our water aerobics classes and build cardiovascular fitness and strength. Just like swimming, our water aerobics classes are easy on your joints, yet challenging enough to help you reach new levels of fitness. Water aerobics classes are suitable for any fitness level, from beginning exercisers through elite athletes. Working out in the water is a fun way to improve your joint range of motion, flexibility and balance through the comfortable resistance of water. Participants should work at their own pace and let the instructor know of any problems.

Classes held in Shallow Water. 20 participants per class. Registration required.

Participants may bring and use their own water shoes, all other equipment is provided. Water shoes are not required to take this class. ***Drop-ins available as space permits \$6 – please check with the pool for availability.**

Closs	Dev	\$	Session 5
Class	Day		Dates: July 8 – July 26
Shallow Water Aerobics	M/W	\$18	11:00 am – 12:00 pm





Rental Information

Indian Springs Pool offers a great place to celebrate your next birthday, family reunion or special event. There are many ways to celebrate! For the summer 2024 Season, Indian Springs Pool will be available to rent based on staff availability. Please reach out to aquaticsprings@clarkcountynv.gov to inquire about bookings. Rentals can be scheduled only outside of regular pool hours.

Call Aquatic Springs Indoor Pool at (702) 455-1708 for details!

Pool Rental Rates

Two-Hour Minimum/40 people \$60/hour

\$15/hour will be charged rentals over 40 guests to accommodate additional staff required